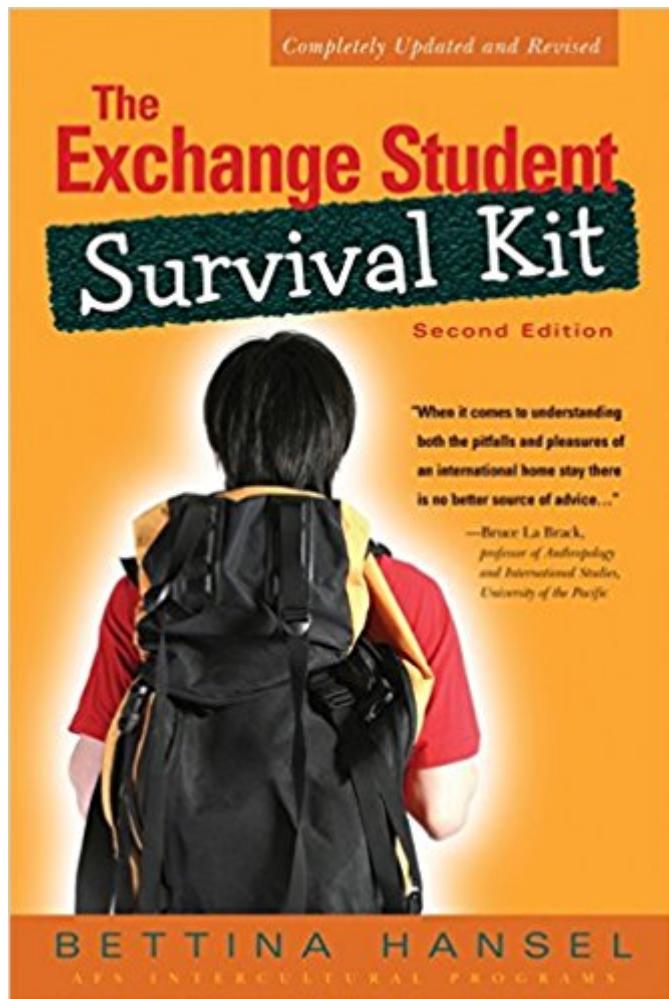


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# The Exchange Student Survival Kit



## **Synopsis**

Study abroad has never been so popular. Students are embarking on life-changing adventures, and they need some tried and true advice. The Exchange Student Survival Kit has become the essential guide for young people traveling abroad, helping them better understand the unique experience of international exchange programs. More important, it shows students how to avoid many common misunderstandings and problems that can occur in the course of their adjustment to a new culture, a new family, a new school and a new community. Based on her years of research and professional involvement with AFS Intercultural Programs, Dr. Hansel has filled the book with examples taken from the experiences of dozens of exchange students from a broad spectrum of cultures. This much-awaited new edition includes: New communications technology as it affects the experience: e-mail, instant messaging, cell phones, online games and blogs and information searches. Important advice on personal safety and pressing concerns for parents and students in light of war, terrorism and crime. Changes in society and family life that affect travelers: fast food replacing family meals, a new emphasis on religious beliefs, consumerism and globalism. For students going abroad, the Survival Kit is the first thing to pack!

## **Book Information**

Paperback: 228 pages

Publisher: Nicholas Brealey (July 26, 2007)

Language: English

ISBN-10: 1931930317

ISBN-13: 978-1931930314

Product Dimensions: 6.1 x 0.5 x 9 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 15 customer reviews

Best Sellers Rank: #851,244 in Books (See Top 100 in Books) #15 in Books > Travel > Specialty Travel > Students #217 in Books > Travel > Specialty Travel > Family Travel #915 in Books > Parenting & Relationships > Reference

## **Customer Reviews**

The Exchange Student Survival Kit will be of tremendous help for everyone involved in the exchange student field, and by extension, everybody who deals with cross-cultural differences.

Bettina Hansel is Head of Research & Evaluation, AFS International, based in New York City. AFS

is a leader in intercultural learning and offers international exchange programs in over 50 countries around the world through independent, not-for-profit AFS organizations. More than 11,000 students, young adults and teachers participate in AFS programs each year.

This book was recommended to us by our case worker at Greenheart/STS. It's full of good, solid advice. My son, 17, is two months into his year as an exchange student and the advice in here certainly rings true. Combine this with a good specific guidebook to the country of your destination and you'll be far closer to prepared than you might be otherwise.

Great book! My daughter is going to be an exchange student in the US this year (2015) and this book really came in handy. I was an exchange student myself in Ohio in 1981 and if only I had read this book back then (if only it had already been written) it would have helped me a lot.

I am a seasoned host mom as well as a coordinator for exchange students. One of our students said she was reading this book before coming to America so I ordered it to see how the exchange experience was presented to the student. I think this is a wonderful book for all host families to read. It helped me look at things as the student might and had very practical good ideas.

I'm in France for the year right now and I can tell you this book will take a little bit of the stress in your host family off. it tells you about all the details of homesickness and culture shock etc. itll teach you that all off the problems youll go though as an exhcange student are completly normal and you will get through them. MUST GET.

As a future exchange student, I had so many questions about culture shock and so much more. This book covers it all with real-life examples, charts, and more. I strongly recommend this is studying abroad. I bought it used and the quality is just fine

Very well written and a lifesaver for kids traveling overseas for a semester or year abroad. Should be a required reading for all exchange students before they leave and an invaluable tool to take along.

helpful

This book was really helpful, it really prepares you for the experience your about to live. It explains cases making base on real cases, everyone who is in the world of intercultural exchanges should read this book.

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